



PANTHER NEWS



UPCOMING EVENTS:

- Recruitment for 2020 has begun! You will receive a \$25 gift card for referring a friend.
- We will be contacting families to complete follow up visits this spring.
- Teachers will be receiving \$50 gift cards for completing their online ratings.

MESSAGE FROM THE DIRECTOR

PAULO GRAZIANO, PH.D.

Dear Families,

To date, we have served over 600 families in our community via our Summer Programs (STP-PreK+, School Readiness Camp) as well as our parenting services (PCIT). We are continuing to provide our early intervention services and look forward to a great year.

The important work you will read about in this newsletter would not be possible without you and your family. We also can't forget to thank the incredible teachers and schools that have taken the time to work with us. Working with and getting to know you all has been a true blessing and joy!

"I have never met staff who love what they do this much. I truly appreciate their patience and love for my little man! I felt so good dropping my little guy off every day."

-AHEAD Family

CONTACT US:

Email: selfreg@fiu.edu
Phone: 305-348-1833



PROFILE OF CHILDREN DISPLAYING CALLOUS-UNEMOTIONAL BEHAVIORS

BY PAULO GRAZIANO, PH.D.

- Callous-unemotional (CU) traits refer to low levels of guilt, empathy, and caring for others.
- Children displaying high levels of CU behaviors are at greater risk for developing more severe conduct problems (CP).
- This study showed that children with higher levels of CP and CU behaviors are more emotionally dysregulated, BUT displayed better cognitive performance relative to children with only high levels of CP.

PREDICTING TREATMENT GAINS FOR CHILDREN WITH ADHD

BY MELISSA HERNANDEZ, M.S.

- The Head-Toes-Knees-Shoulder (HTKS) task is a game similar to "Simon Says," and is a valid measure of executive functioning (EF) for young children.
- EF includes a set of higher level cognitive skills.
- The Summer Treatment Program for Pre-K (STP-PreK) is an evidence based treatment for children with ADHD and other related disorders.
- This study found that children with better EF before treatment, as measured by the HTKS, are more responsive to the STP-PreK and make greater academic improvements.

SELF-REGULATION & ADHD SYMPTOMS

BY TAYLOR LANDIS, M.S.

- There are 2 symptom domains within ADHD: hyperactivity/impulsivity and inattention.
- Many children with ADHD have difficulty with self-regulation-both executive functioning (EF) and emotion regulation (ER).
- This study found that EF is related to inattention AND hyperactivity/impulsivity, while ER was mostly related to hyperactivity/impulsivity.



COST EFFECTIVENESS OF PARENT-CHILD INTERACTION THERAPY

BY MEGAN HARE, M.A.

- This study examined the cost-effectiveness of standard parent-child interaction therapy (PCIT) and three adaptations: intensive-PCIT (I-PCIT), small group PCIT, and large group PCIT.
- Standard PCIT was the least cost-effective option in reducing child disruptive behaviors and in increasing child compliance.
- Large group PCIT was the most overall cost-effective option, followed by I-PCIT.